Lesson: Hang On, Get A Grip

In this lesson, students will try and climb up a slide using various simulated feet.

Materials

- Volleyball knee pads
- Fur
- Plastic
- Sandpaper
- Wool mittens
- Grip gloves
- Rubber gloves
- Foam
- Plastic forks (to attach to fingers of gloves)
- Nylons
- Plastic milk jugs

Objective

To demonstrate adaptations of specialization of feet for a specific habitat.

Procedure

- 1. Students remove shoes. They place volleyball kneepads on their hands and knees.
- 2. Place different materials over the kneepads.
- 3. Students attempt to climb up the slide.
- 4. Discuss which materials work best.



